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# Eat Pray Love

**ELIZABETH GILBERT**

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One Woman's Search for Everything

*'Eat, Pray, Love has been passed from woman to woman like  
the secret of life' Sunday Times*

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## Synopsis

It's 3 a.m. and Elizabeth Gilbert is sobbing on the bathroom floor. She's in her thirties, she has a husband, a house, they're trying for a baby - and she doesn't want any of it. A bitter divorce and a turbulent love affair later, she emerges battered and bewildered and realises it is time to pursue her own journey in search of three things she has been missing: pleasure, devotion and balance. So she travels to Rome, where she learns Italian from handsome, brown-eyed identical twins and gains twenty-five pounds, an ashram in India, where she finds that enlightenment entails getting up in the middle of the night to scrub the temple floor, and Bali where a toothless medicine man of indeterminate age offers her a new path to peace: simply sit still and smile. And slowly happiness begins to creep up on her.

## Book Information

File Size: 1538 KB

Print Length: 387 pages

Publisher: Bloomsbury Paperbacks; 1 edition (November 16, 2009)

Publication Date: November 16, 2009

Language: English

ASIN: B0037RDPEG

Text-to-Speech: Not enabled

X-Ray: Enabled

Word Wise: Enabled

Lending: Not Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #151,846 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #21

inÂ Books > Travel > Asia > Indonesia > General #498 inÂ Books > Reference > Writing,

Research & Publishing Guides > Writing > Travel #750 inÂ Kindle Store > Kindle eBooks >

Biographies & Memoirs > Women

## Customer Reviews

Liz Gilbert bares her soul in this book and shows us that there will always be difficulties in life, you will make mistakes and you have to learn to live with them without beating yourself up. Her whimsical manner of writing gives it a more familiar feel to all of this which makes it easier to sink in. I very much enjoyed this book and every character reminded me of someone in my life, especially a

very close friend of mine. If you need a book that will teach you to just let go this is the best book I can recommend.

This book (somehow memoir doesn't seem to do justice to what Gilbert has produced) will make you silent in realizing profound and great wisdom before making you blurt sudden laughter upon reading the very next page. Everything that a full human life has...it is all here: the rough, tough, and heart-breaking mixed alongside the soaring, transcending heights of joy and love. But it isn't merely a neat packaging of a complex life that will make you feel privileged to witness. This book is a gift calling you to actively seek out a fuller life for your own self--not in some self-help way--but by offering keys to (often subtle) realizations about what your own life is and could be. It is Gilbert's telling of her journey with such open truth and unfailing sincerity that calls you to look with clarity at yourself and not just be a bystander to her or your own life. Because Gilbert shares so deeply, it is a book that you will read and then instantly share with another. IN SHORT: In this poignant account of one woman's journey, you ultimately feel connected not only to the people that populate the pages, but also to the larger workings of your own life and the universe.

I am torn: I completely see the criticisms of many reviewers, but in the end I found this book to pretty realistic...in at least the sense of haven't we all at least dreamed of this?! It just seems that she was in the time and place of her life that she could do it! That's not selfish or childish, that's someone realizing their dreams. So with that said, I loved the book and not long after reading it my husband and I (yes I took him with me ;) ) decided to move overseas. We also have visited Bali and I saw a medicine man too and went to Italy. I like that the book is a dreamy summary of living your life, but the unfortunate part is that traveling and finding yourself is much more than this book gives you--- this is traveling to find yourself "light version."

Firstly, I liked this book as it was split into three parts. This made it an easier read for me as I am not always keen on reading longer novels compared to short stories and novellas. An aspect of the book which I found interesting was that for each part of the book, the writer takes you on this story which starts off rather 2-dimensional, but then quickly develops it into a vivid multi-dimensional journey of Liz's experiences. This along with the style of writing helped the reader grasp that it's more than a story and it's a series of real events that occurred. I rated this book 4/5 because it is insightful and thought provoking.

Eat Pray Love is one of my favorite movies, and I wanted to read the book to compare. I do very much love the book, and you do get more detail into the story reading the book. There are some differences between movie and book, and if you have watched the movie, you will notice them. Still, a great book.

I love that I bought the 10th - Anniversary addition. I saw the movie years ago but I seriously had no clue it was a true story. She wrote a preface about the 10th anniversary and I have to admit that it was so great to know happy endings really do take place. If you are going through anything in your life as a woman, feeling down, lost, unsure about God's plan for you, this book seriously helps. I know it wasn't written as a self help, but you would be very surprised what it can do for you in the end.

For me this book captured my attention at the beginning and held huge promise. I loved the start when the author was talking about her experiences prior to leaving on her trip and what drove her to go etc. However I did find it dragged sometimes especially in the Indian and Indonesia sections and I found myself skipping over some parts because the historical references really didn't interest me. I am however inspired to see the movie now having read the book.

One of the most enjoyable books I've ever read. Elizabeth Gilbert's voice springs off the pages like a perfumed firecracker. I lost track of the time. The living room dissolved into nothingness around me. Definitely a Bucket List read.

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